

Christmas Timetable 2014/2015

Mon	Tue	Wed	Thur	Fri	Sat	Sun
22-Dec	23-Dec	24-Dec	Xmas Day	Boxing Day	27-Dec	28-Dec
Normal timetable	Normal timetable	9:30am Free Xmas family fun class. Darebin Parklands		9:30am Group Fit	7.30am Spin/Tone 8.30am Group Fit	
Mon	Tue	Wed	Thur	Fri	Sat	Sun
29-Dec	30-Dec	New Years Eve	New Years Day	2-Jan	3-Jan	4-Jan
6am Spin 9:30am Group Fit	6am Box Fit 9.30am Spin/Tone	SUPER METAFIT 9.00am 9.30am 10.00am Dare to do all 3!		9.30am Group Fit	7.30am Spin/Tone 8.30am Group Fit	9:30am Boxing
Mon	Tue	Wed	Thur	Fri	Sat	Sun
5-Jan	6-Jan	7-Jan	8-Jan	9-Jan	10-Jan	11-Jan
12-Jan	13-Jan	14-Jan	15-Jan	16-Jan	17-Jan	18-Jan
6am Spin 9:30am Group Fit 6pm Metafit	6am Boxfit 9:30 Spin/Tone 6pm Group Fit	6am Group fit 6am Spin 9.30am Group Fit 6pm Stretch	6am Spin Tone 9:30am Metafit 6pm Boxfit	6am Group Fit 9:30am Group Fit	7.30am Spin/Tone 8:30am Group Fit	9:30am Boxing
Mon	Tue	Wed	Thur	Fri	Sat	Sun
19-Jan	20-Jan	21-Jan	22-Jan	23-Jan	24-Jan	25-Jan
6am Spin 9:30am Group fit 6pm Metafit	6am Boxfit 9:30 Spin tone 6pm Group Fit	6am Group fit 6am Spin 9.30am Get Fit 6pm Stretch	6am Spin Tone 9:30am Metafit 6pm Boxfit	6am Group Fit 9:30am Group Fit	7.30am Spin /Tone	No classes Sunday or Monday 26th

Normal timetable resumes Tuesday 27th January

Unlimited Classes and bootcamp from the 24th December to the 27th January for \$145

**January Personal Training Special buy 3 small group PT session \$126
and get one for free (\$42 a session)**

BOOTCAMPS JAN 2015

Mon - 6am	Tue - 6am	Wed - 6am	Thurs - 6am	Fri - 6am	8 sessions = \$125 12 sessions = \$169 (can be used in either group, MUST BE REDDEMED IN JANUARY)
BOOTCAMP	RUNNERS	BOOTCAMP	RUNNERS	BOOTCAMP	
5-Jan	6-Jan	7-Jan	8-Jan	9-Jan	
12-Jan	13-Jan	14-Jan	15-Jan	16-Jan	
19-Jan	20-Jan	21-Jan	22-Jan	23-Jan	
	27-Jan	28-Jan	29-Jan	30-Jan	

UNLIMITED CLASS ON ALL TIMETABLES FOR \$145

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